WHAT IS CLAIMED IS:

1. A composition comprising:
an alpha-2-adrenergic agonist, and
a fatty acid component,
the fatty acid component forms a complex with the alpha-2-adrenergic agonist; the complex remaining substantially intact in an aqueous environment.

2. A composition of claim 1 wherein the fatty acid component is present in an amount effective to enhance the efficacy of the agonist relative to the efficacy of the alpha-2-adrenergic agonist without the fatty acid component.

3. A composition of claim 1 wherein the agonist comprises a quinoxaline component.

4. A composition of claim 3 wherein the quinoxaline component is selected from the group consisting of quinoxaline, (2-imidozolin-2-ylamino) quinoxaline, 5-bromo-6-(2-imidozolin-2-ylamino) quinoxaline, and derivatives thereof and mixtures thereof.

5. A composition of claim 1 wherein the fatty acid component is selected from the group consisting of saturated fatty acids and unsaturated fatty acids, derivatives thereof and mixtures thereof.

6. A composition of claim 1 wherein the fatty acid component is selected from the group consisting of fatty acids having about 12 to about 26 carbon atoms per molecule, derivatives thereof and mixtures thereof.

7. A composition of claim 1 wherein the fatty acid component is selected from the group consisting of docosahexanoic acids, derivatives thereof and mixtures thereof.

8. A composition of claim 1 wherein the fatty acid component is selected from the group consisting of linolenic acids, derivatives thereof and mixtures thereof.

9. A composition of claim 1 wherein the fatty acid component has a therapeutic effect.

10. A composition of claim 1 wherein the fatty acid component has a therapeutic effect while being in a complex with the agonist.

11. A composition of claim 1 wherein the fatty acid component has a therapeutic effect while not being in a complex with the agonist.

12. A composition of claim 1 wherein the fatty acid component is effective to reduce intraocular pressure when it is administered to the eye.

13. A composition of claim 1 wherein the fatty acid component is selected from the group consisting of prostanoids, derivatives thereof and mixtures thereof.

14. A composition of claim 1 wherein the fatty acid component is present in an amount effective to enhance the movement of the alpha-2-adrenergic agonist across a lipid membrane.

15. A composition of claim 1 wherein the fatty acid component enhances the movement of the agonist component across a biological membrane under physiological conditions.

16. A composition of claim 1 wherein the fatty acid component is effective to enhance the therapeutic effect provided by the agonist.

17. A composition of claim 1 wherein the complex is able to disassociate in a biological environment.

18. A composition of claim 1 which includes at least one additional agonist and the fatty acid is complexed with both the agonist and the additional agonist.

19. A composition of claim 1 which includes at least one additional fatty acid component and the agonist is complexed with both the fatty acid component and the additional fatty acid component.

20. A composition of claim 1 which is ophthalmically acceptable.

21. A composition of claim 1 which further comprises a carrier.

22. A composition of claim 1 wherein the agonist comprises 5-bromo-6-(2-imidozolin-2-ylamino) quinoxaline; and

the fatty acid component is selected from the group consisting of docosahexanoic acids, linolenic

acids, prostanoids, derivatives thereof and mixtures thereof.

23. A composition comprising:

a 5-bromo-6-(2-imidozolin-2-ylamino) quinoxa-line; and

a linolenic acid component,

wherein the 5-bromo-6-(2-imidozolin-2-ylamino) quinoxa-line forms a complex with the linoleic acid component, the complex substantially remains intact in an aqueous environment.